

Every ManageMyHealth account needs a unique email address.  
You cannot set up an account using a shared email address.

**PERSONAL DETAILS** PLEASE PRINT DETAILS CLEARLY

Patient's name \_\_\_\_\_

Address \_\_\_\_\_

Date of birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Email address \_\_\_\_\_

Each family member needs their own email address

Default password for MMH \_\_\_\_\_ **Welcome123!** \_\_\_\_\_

Please change this password once you have completed your registration

Identification sighted \_\_\_\_\_

**IMPORTANT**

**Please do not try to activate your own account – you do not need an Activation Code. We activate your Manage My Health account on our end. Please go straight to Login after verifying your email.**

In a couple of days you can expect an email from Manage My Health which will include a link. Once you have clicked the link you will see a message that you have successfully registered and you can visit the [www.managemyhealth.co.nz](http://www.managemyhealth.co.nz). Click **Login** and use your email address and the standard password provided to log in. Please change this password once you have completed this process.

**Not recieved your email?** If you don't see a message from Manage My Health in your inbox please check it has not gone to your Spam or Junk Mail folders.

If you have any trouble getting started please email [administration@sshc.co.nz](mailto:administration@sshc.co.nz) or phone 04 527 7376.

Signature \_\_\_\_\_ Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

